



remember with me

Suggested Remembrance Ideas

Gather, share, support - in memory of a
child, sibling or grandchild *who will always be loved*

- Light a candle
- Read a short reflection
- Share a story or memory
- Invite guests to write a message or memory
- Pause for a quiet moment together



Ways to personalise your gathering

You could include:

- their favourite flowers or colours
- a playlist of music they loved
- their favourite food or drink
- a memory table
- framed photo/s of them
- a book where people can write messages
- writing a short letter to your child and reading it aloud, or keeping it private
- inviting guests to bring a small object, photo, or memory to share
- creating a memory jar where people can place written notes to be kept or read later
- planting something in their memory — a flower, herb, or small tree
- playing a short video or slideshow of photos
- lighting individual candles for each guest to hold during a quiet moment
- sharing a poem or piece of writing that reminds you of them
- taking a group photo together in their memory
- offering a small keepsake for guests to take home (a candle, ribbon, or card)
- choosing a word that reflects your child and inviting others to share theirs
- creating a simple ritual, like placing a stone, flower, or note in a special place
- having a moment where music plays quietly while people reflect in their own way
- inviting guests to write your child's name or a message on paper leaves, hearts, or cards to display
- setting up a “favourite things” space with items that represent who they were
- ending the gathering with a shared gesture, like holding hands or a gentle toast

